

Newton Youth Soccer Referee Basic Training
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Steve Aronson stevenjaronson@yahoo.com

1. Why we are here
 - a. Reasons to Ref
 - i. Fun
 - ii. \$\$ (checks are issued 2 x per season)
 - iii. Love of the game
 - iv. Exercise
2. Discuss prior experiences with Referees
 - a. Best
 - b. Worst
3. What is the Referee's job?
 - a. Safety for the players
 - b. Fun for the players (and the ref)
 - i. If you don't enjoy Refing, DON'T DO IT!
 - c. Enforce the rules (you must know them to enforce them)
 - d. Teach (the younger players)
 - e. Pleasant experience for the fans (last)
4. Dress code
 - a. Referee uniform is REQUIRED for every game
 - i. Shirt
 1. NYS or Official
 2. Must be tucked all the way in ALL THE TIME
 - a. Look official - helps with respect
 - b. If there is a color conflict with a team's black jersey - YOU wear a pinnie
 - ii. Shorts
 1. Black (mostly)
 - iii. Sox
 1. Black (with or without stripes)
 2. Pulled up all the time
 - iv. Footwear
 1. Should be mostly black
 2. Soccer cleats are recommended for better footing
 - v. Whistle – LOUD, short burst
 - b. Players
 - i. Similar uniform jersey - tucked in to start the game
 - ii. Sox MUST cover shin pads (which are REQUIRED)
 - iii. Cleats are optional - no metal in NYS
 - iv. No hats, headbands, etc,
 1. Religious exceptions, of course
 2. Keepers may wear soft billed cap – no baseball hats
 - v. No jewelry (even if they claim that their pierced ear hole will close up.) or wrist bands
 1. No tape to cover jewelry - it must come off or they may not play
 2. Medic- Alert bracelets should be taped over to prevent injury
5. Schedule
 - a. You arrive 20 - 30 minutes prior to game-time

- i. Warm up and stretch
 - ii. Check the field for safety
 - iii. Check the nets for holes & be sure they are on the goal-line
 - iv. Introduce yourselves to the coaches
 - 1. Firm handshake & look them in they eye - gains confidence
 - 2. Develop a relationship - you may need them later
 - b. 10 Minutes prior to scheduled kick-off
 - i. Check all players for proper equipment
 - c. 5 minutes prior to scheduled kick-off
 - i. Call for captains at mid-field
 - ii. Flip coin (1 or 2 fingers behind your back works well)
 - iii. Winner chooses side to defend - other team kicks off
 - d. At scheduled start time
 - i. Start the game - even if the teams have not been able to warm up on the field - we must try to keep on schedule
 - e. After the game
 - i. Supervise the teams as they shake hands
 - ii. Shake hands with each coach
- 6. Behavior
 - a. Mature
 - i. Look and act in a mature way - the players, coaches and parents will respect you and your calls
 - b. Firm but pleasant
 - i. Remember - everyone is there to have fun
 - c. Know the rules
 - d. Make decisive calls - even if you're not 100% sure - don't let them think that you are unsure. However, don't be afraid to change your mind if you really believe that you made a mistake. Don't make calls you didn't see.
 - e. Don't argue with players, coaches or fans
 - f. If you know a player, do NOT act buddy-buddy with him until you leave the field.
 - g. Use the coach to help you with problem players or parents
 - h. Use a quiet voice if you need to discipline a coach or parent (no one like to be embarrassed)
 - i. Keep up with the play (10-20 yds away) and be in position to make the right call
- 7. Key Rules (Know ALL the rules)
 - a. Not HAND ball, but HANDLING the ball - intent is the key
 - b. Throw ins - adjust to the age group
 - c. Substitutions - on goal kicks and after goals (not on throw ins or corner kicks)
 - d. Injuries - be reasonable - waive coaches on early if you think there is any possibility of a severe injury. Earlier for the younger kids. Allow the other team 1 sub too. (No need for the ball to go out of bounds for Grades 3 and under. Re-start with a drop ball.)
 - e. You will miss some calls - don't make a call you didn't see!
- 8. Who to contact for info or help
 - a. 1st, check our website: www.newtonsoccer.org
 - b. send email to Steve Aronson, stevenjaronson@yahoo.com
 - i. I do not make assignments
- 9. Become a BAYS (USSF) Certified Referee - <http://www.massref.net/courses.html>
Winter courses offered in the area